



Salt & Honey is committed to sustainable practices by using locally sourced & seasonal ingredients whenever possible. All of our meat & dairy are humanely, sustainably raised, antibiotic & hormone free. Each special is served with an organic mixed greens salad with house made vinaigrette. Desserts are available upon request.

Weekly Sandwich Special

Turkey Bhan Mi with pickled radish & carrot, sliced jalapenos, cilantro, Siracha aioli on French roll

Monday

Caesar Chicken Wrap Bar

oregano & citrus grilled chicken, AndyBoy romaine, house made Caesar dressing, shaved parmesan & warm pita bread

Mezze Platter

baba ganoush, house made hummus, feta chunks, roasted red peppers, roasted eggplants, marinated olives & za'tar pita chips

Sliced Seasonal Fruit

Tuesday

Citrus Roasted Chicken

Sautéed Seasonal Vegetables

rosemary & citrus compound butter

Rosemary Scented Mash Potatoes

Wednesday

Black Bean & Turkey Chili

sour cream, scallions, cheddar cheese & smoked jack

Smoked Jack & Jalapeno Corn Bread Muffins

Seasonal Pan Roasted Vegetables

with chipotle lime compound butter

Thursday

Lasagna Bolognese

with spinach, ricotta cheese & parmesan cheese

Sautéed Haricot vert

with tomato & olive ragout

Pan Seared Seasonal Squash

in herbed compound butter

Friday

Classic California Cobb Salad

chopped Andy Boy romaine, hard cooked eggs, Zoe's bacon bits, cherry tomatoes, bleu cheese, avocado & poppy seed dressing

Grilled Citrus & Rosemary Chicken

Smoked Jack & Jalapeno Corn Bread Muffins