



Salt & Honey is committed to sustainable practices by using locally sourced & seasonal ingredients whenever possible. All of our meat & dairy are humanely, sustainably raised, antibiotic & hormone free. Each special is served with an organic mixed greens salad with house made vinaigrette. Desserts are available upon request.

## Weekly Sandwich Special

*Zoe's applewood smoked ham, baby arugula, housemade seasonal chutney on Dutch crunch*

### Monday

*closed in observance of MLK Day*

### Tuesday

#### Columbian Lentil Stew

*with house made garlic sausage & potatoes*

#### Rice & Beans

*morro of black beans & long grain rice*

#### Stewed Winter Greens

*with sofrito of tomato, peppers & onions*

### Wednesday

#### Turkey Meatloaf

*with fresh herbs & housemade ketchup*

#### Sautéed Haricot Verte

*with slivered almonds, herbed compound butter & chili flake*

#### Saffron & Butter Baked Potatoes

### Thursday

#### Chicken & Fish Kebabs

*served with housemade pita bread & tzatziki sauce*

#### Vegetable Tagine

*with chayote squash, chick peas, pearl onions & English peas*

#### Lemon Scented Cous Cous

*with preserved Meyer lemon, mint & dried currants*

### Friday

*(please pick two of the following pizza options)*

#### Housemade Fennel Sausage Pizza

*oil cured black olives & broccoli rabe*

#### Pizza Margarita

*housemade marinara, basil & fresh mozzarella cheese*

#### Green Eggs & Ham

*housemade pesto, Zoe's applewood smoked ham & farm egg*

#### Seasonal Fruit Salad